

ABOUT THE TRAINING

Pharmaceutical Drug Abuse in Youth

The most dramatic increases in abuse of prescription medications have occurred among school age youth. In fact, the latest national data show that 2.3 million teens abused prescription drugs at one time in their lives, almost 1 million in past 30 days.

Four percent of 8th graders have tried tranquilizers; 6% of 10th graders have tried Vicodin; 6% of H.S. seniors have tried OxyContin. What's behind the recent reports of youth abusing Viagra? We will discuss painkillers, tranquilizers, stimulants and more... drugs, effects, and trends, plus prevention strategies.

Alcohol and The Adolescent Brain

Alcohol is the substance most teens select as their drug of choice. However, recent research on the physiology and neurology of the brain reveals definitive evidence about age of initiation of alcohol use and an individual's later dependence on alcohol. This session will explore alcohol's effects on brain development, mental and physical functioning, relationships, cognitive functions and other issues. We will also discuss how brain research can be used within a prevention framework.

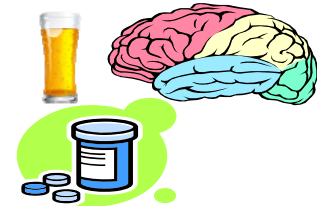
Community Coalition for Healthy Youth
c/o T. C. Youth Services Dept
320 W. State Street
Ithaca, NY 14850

THE COMMUNITY COALITION
FOR HEALTHY YOUTH
PRESENTS:

Isabel Burk: Pharmaceutical Drug Abuse in Youth & Alcohol and the Adolescent Brain

Friday, March 19, 2010

9:00 – 3:30 P.M.



**Ramada Inn
Triphammer Road
Outside the Shops at Ithaca Mall
Ithaca, NY 14850**

Co-Sponsored by:
**TST BOCES
Seven Valleys Council on Alcoholism
and Substance Abuse
Cayuga Addiction Recovery Services**

OBJECTIVES: *At the end of session, the participant will be able to:*

Morning Session: *Pharmaceutical Drug Abuse in Youth*

- Explain why prescription drug abuse is increasing
- List and describe the specific drugs most commonly abused
- Outline strategies for prevention of prescription drug abuse

Afternoon Session: *Alcohol & The Adolescent Brain*

- Explain the impact of age of initiation as it relates to future alcohol dependence
- Identify behavioral issues related to teen alcohol use
- Discuss how alcohol use patterns may impact relationships, cognitive functions, motor skills, and other brain-based issues
- Outline prevention strategies that utilize brain research

AUDIENCE

- **School Personnel:** Teachers, Administrators, School Staff, Counselors, Social Workers, Psychologists, School Nurses
- **DFC Coalition members**
- **After-school Providers**
- **Agency Personnel:** Youth Workers, Probation Officers, Treatment Professionals, Family Support Services
- **Parents**
- **Medical Personnel**

WORKSHOP INFORMATION

When: Friday, March 19, 2010

Time: 9:00 – 3:30 p.m.

8:15–8:45: Registration

9:00–11:30: Pharmaceutical Drug Abuse in Youth

11:45–12:45 *LUNCH, PROVIDED ON SITE*

1:00–3:30: Alcohol and the Adolescent Brain

Where: Ramada Inn

Outside the Shops at Ithaca Mall

Triphammer Road

Ithaca, NY 14850

Cost: \$40 for entire day, includes morning snacks and lunch

(Payable to T.C. Youth Services Dept.)

REGISTRATION DEADLINE:

March 11th. Payment must be received by March 11th.

ABOUT THE PRESENTER

Isabel Burk, Director of The Health Network, is a nationally known, award-winning expert on drug prevention, safety policies, and health education issues. She is a credentialed prevention professional and a certified health education specialist, and has a Masters of Science in Health. Her professional achievements have been honored by the U.S. Department of Health and Human Services, Northeast Center for Safe and Drug-Free Schools, and the New York State Department of Health. She contributed to the U.S. Department of Education Exemplary Program - Project ALERT (middle school drug prevention curriculum) and was a national reviewer for the revised 2002 D.A.R.E. national curriculum pilot. Isabel has written 2 books, more than a 100 articles and has appeared on 20/20, CBS This Morning, The View, Phil Donahue, Fox News, and others. For more information about Isabel, check out her website at www.healthnetwork.org

**PRE-REGISTRATION REQUIRED,
NO WALK-INS**

REGISTRATION FORM – ISABEL BURK

(Print Clearly)

Name: _____

Title: _____

School/Agency: _____

Address: _____

Phone Number: _____

Email: _____

Amount Enclosed: \$ _____

Cash or Checks only

If you need an Invoice or Receipt for payment, contact Theresa Albert @ 274-5310 or talbert@tomkins-co.org

CEU/CASAC/PPP credit pending

MAIL/RETURN TO:

**Community Coalition for
Healthy Youth
c/o Tompkins County
Youth Services Dept.
320 W. State Street
Ithaca, NY 14850
Attn: Theresa Albert**

For questions, contact Theresa Albert, Administrative Assistant, at (607) 274-5310 or via email at talbert@tomkins-co.org